Allergen Chart Spring/Summer 2022 Week Two 

|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| Recipe DescriptionContains **X** May Contains **O** |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Traffic Light Pizza  |  |  |  |  |  |  | **X** | **X** |  |  | **X** |  |  |  |
| Vegetable Chilli Nachos |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Diced Potato, Peas & Sweetcorn |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| GF Pizza |  |  |  |  |  |  |  | **O** | **X** |  | **X** | **O** |  |  |
| Jam Sponge |  | **X** |  |  |  |  |  | **X** |  |  |  |  |  | **X** |
| GF Vegan Jam Roly Poly  |  |  |  |  |  |  |  |  | **X** |  |  |  |  |  |
| Custard |  |  |  |  |  |  | **X** |  |  |  |  |  |  |  |
| Classic Beef Lasagne |  | **O** |  |  |  |  | **X** | **X** | **O** |  | **X** |  |  |  |
| Macaroni Cheese |  |  |  |  |  |  | **X** | **X** |  |  |  |  |  |  |
| Broccoli  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Garlic Herb bread |  |  |  |  |  |  | **O** | **X** | **O** |  |  |  |  |  |
| Spring Vegetable layer bake |  |  |  |  |  |  |  | **O** |  |  | **X** |  |  |  |
| Classic Beef & Potato layer bake |  |  |  |  |  |  |  | **O** | **X** |  | **X** |  |  |  |
| Strawberry Smoothie |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Ice Cream |  |  |  |  |  |  | **X** |  |  |  |  |  |  |  |
| GF Cookie |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Roast Gammon & Pineapple |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Roasted Vegetable Gratin |  |  |  |  |  |  | **X** | **X** | **X** |  |  |  |  |  |
| Roast Potatoes |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Gravy |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Carrots & Green Cabbage |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Eton Mess Cheesecake |  | **X** |  |  |  |  | **X** | **X** | **O** |  |  |  |  |  |
| Eton Mess GF |  | **X** |  |  |  |  | **X** | **O** |  |  |  |  |  | **X** |
| Watermelon & Grapes |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Smokey Joe Chicken |  |  |  |  |  |  | **X** |  |  |  |  |  |  |  |
| Bean & Vegetable Loaf |  | **X** |  |  |  |  | **X** | **X** | **X** |  | **X** |  |  |  |
| New Potatoes |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Green Beans & Corn on Cob |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Quorn Smokey Joe |  |  |  |  |  |  |  | **X** |  |  |  |  |  |  |
| Fruit Yoghurt |  |  |  |  |  |  | **X** |  |  |  |  |  |  |  |
| Blueberry Pancakes |  |  |  |  |  |  |  | **X** | **X** |  |  |  |  |  |
| Frosted Vanilla Cupcake |  | **X** |  |  |  |  | **X** | **X** |  |  |  |  |  |  |
| Battered Fillet of Fish GF DF |  |  |  |  |  | **X** |  |  |  |  |  |  |  |  |
| Vegan Sausage Roll |  |  |  |  |  |  |  | **X** | **X** |  |  |  |  |  |
| Chips |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Baked Beans |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Peas |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Chocolate Brownie |  | **X** |  |  |  |  |  | **X** |  |  |  |  |  |  |
| Fruit Jelly  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Fresh Fruit |  |  |  |  |  |  |  |  |  |  |  |  |  |  |