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| **Class** | **Autumn 1** | **Autumn 2** | **Spring 1** | **Spring 2** | **Summer 1** | **Summer 2** |
| **1**  ***Year 1*** | **Health and Wellbeing**  Personal Hygiene | **Number handling**  Enterprise Project | **Health and Wellbeing**  My Body and Exercise | **Independent Living**  Personal and Road Safety | **Health and Wellbeing**  Food hygiene and healthy eating | **Independent Living**  Home safety and independent Living |
| **1**  ***Year 2*** | **Independent Living**  Laundry and Cleaning | **Independent Living**  Cooking and shopping on a budget | **Health and Wellbeing**  My body and personal safety | **Independent Living**  Home Safety and Independent Living | **Communication**  Communication and Interaction | **Number Handling**  Money Matters |
| **2** | ZONES OF REGULATION  *Taught by OT Team* | | *Introduction to ASDAN – expectations*   * *Skills audit*   **Communication Module**  Task:  1A2 – Obtaining information  1A4 – Group Discussion  1A6 – Information poster  1A3 – Entertain a group of people | **Independent Living Module**  Tasks:  4A4 – Wash/iron clothes  4A5 – Emergency contacts  4A7 – Food Storage  4A9 – Accidents at home. | **My Community**  Tasks:  2A3 – Social/Local issue  2A1 – Local organisations  2A6 – Community Campaign | ***My community continued***  Tasks:  2A2 – International relief organisations  Catch up (evidence)  Portfolio |
| **3** | **Health and Wellbeing Module**  Tasks:  7A1 – hygiene product survey  7A2 – Balanced Diet  7A5 – Fruit and vegetable questionnaire  7A6 – Mental Health support. | **Number Handling Module**  Tasks:  6A6 – Journey planning  6A4 – Event planning (budgeting)  6A5 – Wages, taxes and pensions  6A1 – comparing brand costs | **Mixed Module**  Tasks:  7A7 – Basic first aid  1A9 – Formal letter/email  1A7 – Plan journey using Map  9A8 –Cyberbullying/social media issues | Catch up (folder evidence)   * Personal Statement * Skills sheets * Self reflection | **Social Communication** | **Preparation for GCSES**  Study Skills  Revision Techniques  GCSE Vocabulary |